

Hummus

One can Garbanzo Beans
Juice of three to four lemons
Three cloves garlic
1/3 cup tahini (sesame seed paste)
Enough Olive oil to make a smooth paste.

Put garlic in food processor first to chop finely, then add garbanzo beans, tahini and lemon juice, grind until mostly smooth. Then add olive oil until smooth.

Good luck!!!!!!

Serve with red pepper cucumber, green beans or any other crisp veggie